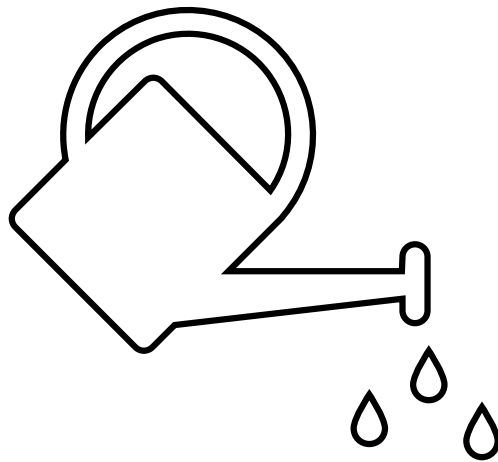


NAME:

DATE:

conserve

water



GUIDE: Teach your children the importance of conserving water and the effect on the family's monthly water bill.

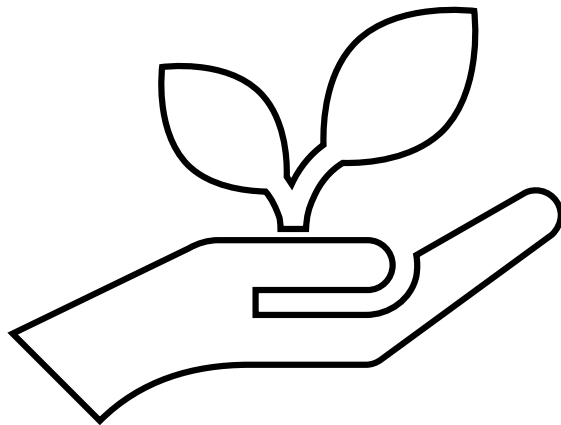
NOTES

NAME:

DATE:

conserve

energy



GUIDE: Teach your children the importance of conserving energy and the effect on the family's monthly electricity bill.

NOTES

NAME:

DATE:

let's

exercise



GUIDE: Teach your children the importance of self-care. If everybody is doing self-care, everybody will be healthy. This will lessen the possibility of hospitalization.

NOTES

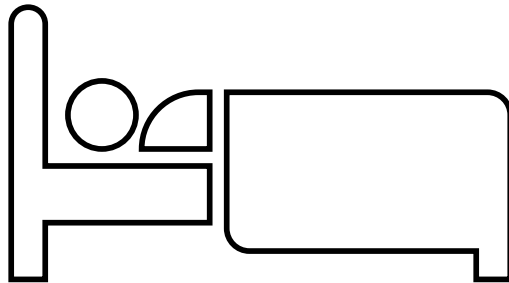
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NAME:

DATE:

sleep

early



GUIDE: As part of self-care, teach your children the importance of enough sleep and sleeping early.

NOTES

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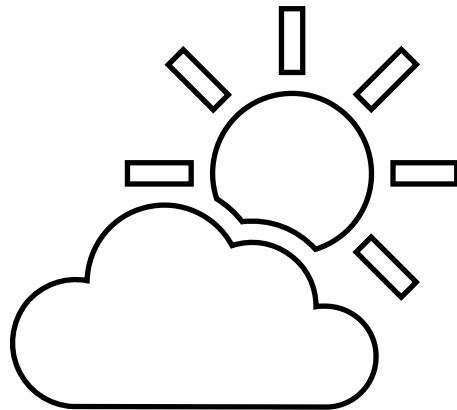
.....

NAME:

DATE:

hello

mr. sun



GUIDE: As part of self-care, teach your children the importance of sunlight and what it can do to our bodies.

NOTES

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Money Mindfulness for Kids Printable Guide:

Skills that might be developed

- ◆ Motor skills through writing, coloring, and tracing
- ◆ Word recognition
- ◆ Alphabet recognition
- ◆ Writing their names
- ◆ Date familiarization

Note from the Author:

I encourage everyone who's using this printable to explain to your children the following:

- ◆ the importance of saving/conserving
- ◆ the effect of family member's action on money

If you have questions, you can reach me at

hallernanay@gmail.com

or visit my facebook page – Haller Nanay

or visit my website at www.hallernanay.com